President’s Welcome Message

Hello IACES Members!

Allow me to introduce myself. My name is Dr. Jessica Henderson and I am thrilled to serve as your new IACES President. I have been a Counselor Educator for four years and recently transitioned into teaching in a fully online CACREP Accredited Counselor Education program. I want to thank you for your continued support of our IACES division and encourage you as you begin a new academic year. I applaud you in your role as teacher-mentor-supervisor-researcher. On a daily basis you are facilitating the development in the next generation of counselors whom clients and students entrust themselves.

I would like to take a moment to highlight my goals for this year. One observation I have made as a counselor educator and supervisor in Idaho is that even in a small state, it is easy for us to become disconnected and siloed from other counselor educators and supervisors. Therefore, as your new leader I have established the goal of regular communication with members. I will be working with the IACES board this year to develop a social media presence to enhance communication to keep you informed on relevant ...
...topics as well as local and national events. We will also continue to offer a quarterly newsletter for IACES members.

Professional advocacy is another goal of mine during my leadership term with IACES. We will begin sending a representative to each of the Idaho Bureau of Occupational Licenses (IBOL) Licensing Board of Counselors and Marriage and Family Therapists meetings to stay abreast of IBOL actions or decisions. In addition to attending meetings, I feel IACES has an important role in advocating for professional licensure advancement and will be developing a position statement on the Counselor Licensure Endorsement Process in Idaho. As a School Counselor Educator I am also hoping to connect with ISCA leadership to support their professional advocacy goals across the state.

Watch for our table at the ICA/ISCA conference. We will be conducting a poll on training needs for Supervisors and Counselor Educators across the state. Working with the IACES board I hope to find creative ways to connect members through supervision workshops and consultation groups. At the conference we will also be unveiling a new award this year. The Counselor Educator of the Year award was created to honor Idaho Counselor Educators who exhibit excellence in teaching, research, supervision, and service to the profession.

I look forward to an exciting year as IACES President!

Warmly,

Dr. Jessica Henderson

Message from our Past President, Dr. Laura Gallo

“Truly great friends are hard to find, difficult to leave, and impossible to forget.”

I want to send a huge thank you to the 2018-19 IACES board for their work and dedication to the organization this past year. It has been a privilege to work with some inspiring counselor educators and energizing doctoral students. I really enjoyed working with each of you! One thing I will take away from my year as President on the board is the importance of relationships. I had the opportunity to form some new relationships and also, to build on some from the past. I was able to see how relationships moved our mission forward and helped us achieve our goals. Counseling education is a small world, and if we did not have each other to lean on, it would make this profession difficult. I encourage all members of IACES to reach out, connect, and form new relationships- it’s truly worth it! I look forward to continuing to see the work IACES does within the state and within the profession. Wishing you the best!

- Dr. Laura Gallo
Nominations for the IACES current President-Elect position are now open! Do you know someone whose expertise and values should be represented on the IACES Board? Would you personally like to play a leadership role in IACES?

If you would be interested in serving the IACES Board please contact Jessica Henderson today for more information or to submit a nomination.

Please submit the below information to Dr. Jessica Henderson by September 20, 2019:

Name of Candidate:

Credentials:

Telephone #:

E-mail Address:

Brief Description of the Candidate’s Qualifications and/or Interest:

Brief Bio:

Email Nomination to: jbhenderson1@liberty.edu
**Book Review**

**Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.** Brené Brown, PhD, LMSW

*Regina Moro*

In her most recent book, *Daring to Lead*, Brené Brown, PhD, LMSW outlines just what it takes to embrace a daring leadership style. She positions daring leadership in contrast to armored leadership, a style in which a leader is heavily armored to protect themselves from vulnerability. As a counselor educator, supervisor, and individual involved in leadership roles, I found this book to stimulate my thoughts about how to be an intentional educator, supervisor, and leader in a daring way.

Like many of her books, this is highly applicable in our academic world of counselor education, in our varied roles as educators, supervisors, and servant leaders. However, this is also applicable for our students who will likely take on leadership roles in their future professional careers. While the book was written for a lay audience, it is deeply rooted in grounded theory research. In addition, she has spent years conducting leadership training with large organizations such as Google Empathy Lab and the United States Air Force. This research grounding and her real-world experiences provide useful examples which she infuses throughout the book.

Brené presents her information in four parts, the bulk of which is presented in Part One: Rumbling with Vulnerability. Of crucial importance in this section is the presentation of sixteen examples of armored leadership, along with the daring leadership alternative. For example, according to Brown (2018) an armored leadership style might embrace “driving perfectionism and fostering fear of failure,” (p. 78) while the daring leadership style embraces “modeling and encouraging healthy striving, empathy, and self-compassion” (p. 80). Each example provides real-world understanding to help readers consider how they might implement the strategies in the near future.

*Daring to Lead* continues Brené’s legacy of being vulnerable and genuine as an author and provides a highly useful resource for us to reflect on. I encourage you all to give this book a read, and carry on the conversation with...
September is Suicide Prevention and National Recovery Month!

“September is National Suicide Prevention Month. All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.

National Suicide Prevention Week is the Monday through Sunday surrounding World Suicide Prevention Day. It’s a time to share resources and stories, as well as promote suicide prevention awareness.

World Suicide Prevention Day is September 10. It’s a time to remember those affected by suicide, to raise awareness, and to focus efforts on directing treatment to those who need it most. “

- Suicide Prevention Lifeline (suicidepreventionlifeline.org)

“National Recovery Month (Recovery Month), sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives. This observance celebrates the millions of Americans who are in recovery from mental and substance use disorders, reminding us that treatment is effective and that people can and do recover. It also serves to help reduce the stigma and misconceptions that cloud public understanding of mental and substance use disorders, potentially discouraging others from seeking help. “

- SAMHSA (recoverymonth.org/about-recovery-month)

Other Upcoming Educational and Health Awareness Dates

- Constitution/Citizenship Day
- International Day of Peace
- GLSEN’s Ally Week
- Women’s Health and Fitness Day
- International Day for Older Persons
- World Smile Day
- World Teacher’s Day
- Mental Illness Awareness Week
- Child Health Day
- National Depression Screening Day
- National Coming Out Day
- Indigenous Peoples’ Day
- Unity Day/Stop Bullying Day
- Red Ribbon Week (Drug-Free America)
- United Nations Day
The Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists held their summer meeting on July 25, 2019. At this meeting a group of Counselor Educators representing Counselor Education programs in Idaho (Idaho State University, Northwest Nazarene University, and Boise State University) were in attendance to provide public comment related to shared concerns over recent licensure changes submitted through House Bill 03. Concerns raised by the group centered on changes made to the State Statutes (Chapter 34 Counselors and Therapists, of Title 54 Professions, Vocations, and Businesses). House Bill 03 removed the language of a “60-credit accredited program” and inserted “or related field of study, as approved by the board” into the State Licensure Law (i.e., Statute). While the language “A planned graduate program of sixty (60) semester hours which is primarily counseling in nature” continues to remain in the Rule 150 of the Idaho Administrative Code (IDAPA 24.15.01), the removal of this language from the Statute is concerning. Representatives from IBOL indicated the changes were meant to remove duplication between the Statutes and the Rules, and align the Counseling license with the Marriage and Family Therapist (MFT) license. It is crucial to acknowledge that Counseling is a separate and distinct profession from MFT. As counselor educators and supervisors in the Idaho, it behooves us all to stay informed and updated. IACES will be planning to attend the upcoming IBOL Counseling/MFT board meetings to stay informed about issues directly impacting our work.

IBOL Update

The Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists held their summer meeting on July 25, 2019. At this meeting a group of Counselor Educators representing Counselor Education programs in Idaho (Idaho State University, Northwest Nazarene University, and Boise State University) were in attendance to provide public comment related to shared concerns over recent licensure changes submitted through House Bill 03. Concerns raised by the group centered on changes made to the State Statutes (Chapter 34 Counselors and Therapists, of Title 54 Professions, Vocations, and Businesses). House Bill 03 removed the language of a “60-credit accredited program” and inserted “or related field of study, as approved by the board” into the State Licensure Law (i.e., Statute). While the language “A planned graduate program of sixty (60) semester hours which is primarily counseling in nature” continues to remain in the Rule 150 of the Idaho Administrative Code (IDAPA 24.15.01), the removal of this language from the Statute is concerning. Representatives from IBOL indicated the changes were meant to remove duplication between the Statutes and the Rules, and align the Counseling license with the Marriage and Family Therapist (MFT) license. It is crucial to acknowledge that Counseling is a separate and distinct profession from MFT. As counselor educators and supervisors in the Idaho, it behooves us all to stay informed and updated. IACES will be planning to attend the upcoming IBOL Counseling/MFT board meetings to stay informed about issues directly impacting our work.

Stay in touch with IACES!

idaho.aces@gmail.com

https://www.facebook.com/IdahoACES

http://idahocounseling.org/page-18065