TELEHEALTH PROVIDERS IN IDAHO DIRECTORY
Listed Alphabetically by Last Name

This information was collected via a survey sent out to counselors in the State of Idaho by the Idaho Counseling Association in early 2020. Only providers currently taking new patients are included. If you have since received training to provide telehealth services and would like to be added to this directory, please email the Idaho Counseling Association at idahocounselingleadership@gmail.com.

Steve Bezdeka
Email: bezdstep@isu.edu
Location: Hailey
Specialty(ies): Emotional/anger regulation; Teens, adults, families; Couples; DV perpetrator treatment; Parenting/custody; Healthy sexuality

Megan Brown
Email: megan@inspiredlifeidaho.com
Location: Meridian
Specialty(ies): Trauma, teens, LGBTQ+

Rona Brumpton, LCPC, LMFT
Email: rona657@gmail.com
Location: Nampa
Specialty(ies): Relationship struggles, grief, depression, anxiety, self-esteem, conflict, communication, etc.

Lisa Butterworth
Email: lisabutterworth@gmail.com
Location: Boise
Specialty(ies): Sex Therapy

Geianne Choate
Email: geiannechoate@gmail.com
Location: Castleford
Specialty(ies): Anxiety, depression, PTSD

John Condron, LCPC
Email: jcondronLCPC@gmail.com
Location: Pocatello
Specialty(ies): Sex therapy, trauma therapy
**Stefanie Corbett, LPC, NCC**
Email: scorbett.sud@gmail.com  
Location: Meridian  
Specialty(ies): Anxiety, Stress, Trauma, Depression, Addiction

**Heather Davis**
Email: treasurevalleycounselor@gmail.com  
Location: Boise  
Specialty(ies): Grief and Loss

**Maxwell Dusky**
Email: maxwellohvdume@gmail.com  
Location: Meridian  
Specialty(ies): LGBTQIA

**Lori Farrens, LCPC**
Email: ecc@empoweringchoicescounseling.net  
Location: Nampa  
Specialty(ies): Chemical Addiction, Sex Addiction / Problematic Sexual Behaviors, 1st Responders

**Cyndia Glorfield**
Email: glorcynd@isu.edu  
Location: Boise and Twin Falls  
Specialty(ies): Depression, anxiety, abuse, adolescents, couples, families

**Rebecca Gonzales**
Email: rebeccalgonzales75@gmail.com  
Location: Boise  
Specialty(ies): Couples, families, trauma, anxiety, depression

**Anne Hedelius, LPC**
Email: annehedelius@live.com  
Location: Nampa  
Specialty(ies): Adoption, women's issues, parenting
Heather Hieb, LPC, NCC
Email: hhieb@asmh.org
Location: Boise, Mountain Home, Nampa
Specialty(ies): Play therapy, children teens and families

John S. Hochhalter
Email: johnhochhalter@gmail.com
Location: Nampa
Specialty(ies): Depression, Anxiety, OCD Marriage counseling

Marcy Humphrey
Email: marcy@bluehummingbirdcounseling.com
Location: Boise
Specialty(ies): Anxiety, couples counseling

Amy Kappel, LCPC
Email: info@auracounseling.com
Location: Nampa
Specialty(ies): Substance Use Disorders, trauma, depression, groups

Jennie Keane, MBA, M. Ed., LPC
Email: jennie@wellnesstherapycda.com
Location: CDA
Specialty(ies): individual, teens, young adults, family, couples, business therapy,

Lindsay Kenley, LCPC
Email: lindsaykenley@authenticself-healing.com
Location: Meridian
Specialty(ies): Couples, Anxiety, Depression, Trauma, Addiction (While I do not treat people for addiction within Telemental Health as I do not believe it's the appropriate level of care)

Deborah K. Krajcir
Email: dkkcounseling@gmail.com
Location: Coeur d'Alene
Specialty(ies): Over 20 years experience with a broad variety of presentations. In addition to the more typical cases of anxiety and relationship issues, I have done extensive work with crisis, trauma, grief, high conflict situations, self injury, and suicidality.
Gail Laferriere  
Email: gail.laferriere@nic.edu  
Location: Coeur d'Alene  
Specialty(ies): Career Counseling

Jennifer Lamb  
Email: jlamb@jmbtherapy.com  
Location: Boise  
Specialty(ies): LGBTQIA community, couples (poly/kink friendly)

Lori Lodge  
Email: lodgecoaching@gmail.com  
Location: Boise  
Specialty(ies): EMDT, EFT Couples, Anxiety, Depression, Career Counseling, Coaching

Cristy McDowall  
Email: beyondawakeningcounseling@gmail.com  
Location: Eagle  
Specialty(ies): Trauma

Julie Meza  
Email: julie@auracounseling.com  
Location: Boise  
Specialty(ies): EMDR, solution focused, person centered, vocational rehabilitation, motivational interviewing

James Mhoon  
Email: jim@lovinglifecenter.com  
Location: Meridian  
Specialty(ies): Marriage and Family, Men’s Issues

Scott Miller  
Email: tiacnow@gmail.com  
Location: Rigby  
Specialty(ies): Domestic Violence, Trauma
Ed Northam, Ph.D.
Email: renewalmhs@gmail.com
Location: Nampa
Specialty(ies): Depressive and Anxiety Disorders

Rena Oates
Email: renamoates@gmail.com
Location: Boise
Specialty(ies): Sex, relationships, insight, gender, identity, LGBTQ+, anxiety, love, nontraditional relationships, depression, grief

Catherine M. Perusse, LCPC, NCC
Email: sevenpeakscounseling@gmail.com
Location: Sandpoint
Specialty(ies): CBT, DBT, Mindfulness, Suicidal Behavior, EMDR

Jorge D. Reyes
Email: emailittojorge@gmail.com
Location: Eagle
Specialty(ies): EMDR therapy, SUD, SFBT

Aileen Roberts
Email: aroberts@serenitylighthousecounseling.com
Location: Meridian
Specialty(ies):

David Routt
Email: dave@totiustherapies.com
Location: Caldwell
Specialty(ies): Couples, families, trauma, difficult behaviors in children

Violet Rudd, MA, LMFT
Email: Violet@mwrservices.org
Location: Coeur d'Alene
Specialty(ies): Marriage and family therapy, Anxiety, Relationship challenges, Life transitions
Jaci Smithee
Email: jaci@somethingdifferentcounseling.com
Location: Boise
Specialty(ies): Trauma, Grief/Loss/Suicide, Relationships, Codependency, Personality Disorders, Addictions

Michael Snowden
Email: snowmichlmsw@gmail.com
Location: Idaho Falls
Specialty(ies): SUD, Depression, Anxiety, Bipolar, Borderline personality disorder, PTSD

Krysteena Stephens
Email: krysteena@treecitywellnessid.com
Location: Boise
Specialty(ies): marriage & family therapy, anxiety, depression, parenting, identity, life transitions, grief & loss

Christine Tolman
Email: tolmancounseling@gmail.com
Location: Meridian
Specialty(ies): Sex, gender, anxiety, depression

James Warner
Email: skidreams@earthlink.net
Location: Hailey
Specialty(ies): Developmental psychology, children and adolescents, Family support, performance psychology, adults

April Watts
Email: aprildwatts@gmail.com
Location: Boise
Specialty(ies): Anxiety, self esteem, young adults, trauma, transitions.

Tom Wilson
Email: twcc@tomwilsoncounseling.com
Location: Boise
Specialty(ies): Telehealth-based Alcohol and Drug Abuse Assessments for Courts. Online Alcohol and Drug Education, ASAM Level 0.5. Online Cognitive-Behavioral Intervention programs for justice-involved individuals