Aren’t fresh starts a wonderful opportunity? As the new year begins, it’s an obvious time to reflect and improve on what’s been done. ‘Resolutions’ is the term we use at the turn of a year; I tend to refer to them as professional and personal practices and, for me, these are established and evaluated year-round. They represent the desire I have to leave things better than I found them, to treat others as I wish to be treated, and to focus my energy on the positive. I can’t tell you that I made any specific resolutions at the turn of 2013, but one of my personal practices will be better self-care. The Sandwich Generation position that I’m in—and I know that many of you can relate—calls for more energy than I have at times, and if I were a car, I’d be stranded on the side of the road running on less than empty!

I share this because I have experience doing many of the jobs each of you are doing; it’s easy to find yourself running on empty, especially from now until the end of the academic year when so many want so much from you. Even if its five minutes at a time, make the time every day to go for a brief walk, laugh with a colleague, celebrate the little inroads and other things that have gone well, etc., to keep your tank full! Your students need you at your best—make yourself a priority!

-Kristi Enger

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7 VALUABLE ASSOCIATE DEGREES

From the desk of Richard Ledington, PTE Research Director

With annual tuition for many two-year programs costing as little as $5,000, an associate degree is just about the best bang for the education buck you can find. According to the Census Bureau, associate degree holders earn an average of $400,000 more over a lifetime than high school graduates. Seven areas in particular have the hottest job prospects. Read more here.

PAYING FOR COLLEGE

From the desk of Elana Moushigian, High School Partnership Specialist, CollegeWeekLive

Join us for Paying for College, a free online event to help you decide the best way to pay for college. Login from 2 to 10 PM EST, Thursday, January 10, 2013 to live chat with admissions officers of 200+ colleges and financial aid experts from the US Department of Education to learn how to:

• Uncover the best scholarship opportunities online
• Understand the difference between private and public scholarships
• Access financial aid programs

Sign Up Now!

BONUS!
Visit three colleges during the event and you’ll be automatically entered to win the $2,500 Time Is Money Scholarship!

Please let me know if you have any questions and I look forward to working with you next year to help your students access and succeed in college. (See last page for printable flyer.)
How to Finance Your Future at Paying for College
JANUARY 10, 2013 | 2:00PM - 10:00PM EST

At CollegeWeekLive you can get:

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From experts on how to get into the right fit school for you.

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With admissions representatives and current college students at over 450 colleges and universities.

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